

# PLANIFICACIÓN

LUNES				MARTES				MIÉRCOLES				JUEVES				VIERNES				SABADO											
ESTUDIO 1	CYCLING	BURNING PARK	FIGHT PARK	CROSS TRAINING	ESTUDIO 1	CYCLING	BURNING PARK	FIGHT PARK	CROSS TRAINING	ESTUDIO 1	CYCLING	BURNING PARK	FIGHT PARK	CROSS TRAINING	ESTUDIO 1	CYCLING	BURNING PARK	FIGHT PARK	CROSS TRAINING	ESTUDIO 1	CYCLING	BURNING PARK	FIGHT PARK	CROSS TRAINING	ESTUDIO 1	CYCLING	BURNING PARK	FIGHT PARK			
		09H00				09H00				09H00				09H00				09H00				09H00				09H00				09H00	